

**AYSO Region 870**  
**Extra™ Play Bylaws**  
**Enacted: July 7<sup>th</sup>, 2014**

**1. Purpose**

AYSO Region 870 recognizes that some players desire to play soccer at a more competitive level while remaining part of the spirit and organization of AYSO. This document establishes policies for the creation of *Extra™* teams following AYSO Extra Concurrent guidelines for Extra™ Teams. Extra™ teams shall be formed based on player interest and ability. AYSO Region 870 Extra™ teams shall be a Secondary Program to Region 870's Primary Soccer Program and subject to the Six Philosophies of AYSO.

**2. Divisions**

- a) Extra™ teams shall only be formed in U10 and higher divisions. Coed Extra™ teams are strongly discouraged due to a lack of viable competition. Extra™ teams should be formed to correspond with established U10, U12, U14, U16 and U18 divisions in the neighboring leagues and tournaments in which the team wishes to compete.
  
- b) To ensure eligibility for tournaments, Extra™ divisions shall strictly adhere to the July 31 age cutoff established by USSF except where tournaments and leagues allow 8<sup>th</sup> grade waivers for U14 divisions. In such cases, 8<sup>th</sup> grade waivers shall be granted at the sole discretion of the Regional Commissioner.

**3. Players**

To be eligible for participation on an Extra™ team a player must meet the following requirements:

- a) The player must be registered for the Region 870 Primary Program before he or she participates in any Extra™ activity.
  
- b) The player must complete tryouts and be evaluated by the panel of Extra™ coaches (when tryouts are necessary).
  - tryouts will be held when number of interested players exceed maximum roster size set by these bylaws.
  
- c) The player must participate in at least half of the Primary Program. An Extra™ player who misses more than three Primary Program games during a single season (Fall or Spring) shall not be eligible for participation in Extra™ matches or tournaments unless an exception is granted by the Regional Commissioner or designee.

- d) Players must participate on an Extra™ team matching their age and gender division unless an exception is granted by the Regional Commissioner or designee.
- e) Practices for Extra™ Teams will be held on an alternating Monday and Tuesday every other week. The second practice for Extra™ teams will always be held on Friday.
  
- f) Extra™ players will be required to attend at least one primary practice a week with the exception of three allowed misses. Extra™ players should not be *required* to attend more than three practices a week. An Extra™ player who misses more than three Primary program practices during a single season (fall or spring) shall not be eligible for participation in Extra™ matches or tournaments unless an exception is granted by the Regional Commissioner or designee. The CVPA shall be notified, in advance, of any player or volunteer being removed from the Extra™ program.
  
- g) Players shall comply with all AYSO policies for player conduct and equipment.
  
- h) Extra™ team players attendance of Primary program participation will be monitored by primary program coaches and submitted to the Regional Coach Administrator at the end of each season. Any public (at the Regional Board Meeting, for example) reporting by the RCA on this topic shall not include individual player names. Lack of required attendance will render the player ineligible for upcoming season without the approval of Regional Commissioner or designee.
  
- i) *Reserve players* – Reserve players provide Extra™ teams with backups in the event that a primary roster member becomes unable to participate.
  - i. Reserve players may practice with Extra™ teams, but they may not play in any matches or tournaments while in reserve status.
  - ii. If an Extra™ roster player is replaced with a reserve player, the Extra™ rostered player must be removed from the roster when the reserve player is added to the roster as a player. The outgoing player may not be returned to the roster unless approved by the Regional Commissioner or designee.
  
  - iii. Reserve players may, but are not required to, purchase a team uniform. The reserve player must have a team uniform before being added to a roster.
  
  - iv. Reserve players must meet all other Extra™ player eligibility requirements, including Primary Program and tryout participation.

#### **4. Coaches**

To be eligible for coaching an Extra™ team a volunteer coach must meet the following requirements:

- a) The coach must submit a current AYSO volunteer application every year and be approved to volunteer in a coaching capacity by the National office.

- b) The coach must be approved by the Regional Coach Administrator or Regional Commissioner.
- c) Extra™ coaches are encouraged to also volunteer for the Primary Program as a coach, assistant coach, or in another capacity approved by the Board. Exceptions shall be granted for Extra™ coaches who do not have children participating in any Region 870 primary programs. No one may be the head coach of more than one Extra™ team.
- d) Extra™ teams must have a coach and one or more assistant coaches, all of whom must be registered and division specific trained and acknowledged by the Region. At least one volunteer on each Extra™ team should be of the same gender as the players. If a coach of the appropriate gender is unavailable, another volunteer of the correct gender (with a properly submitted AYSO volunteer application) shall be designated to attend all team practices, games, and activities.
- e) Coaches must comply with the spirit and letter of AYSO policy, including The Six Philosophies, even when participating in non-AYSO tournaments or games.
- f) Extra™ team coaches are *required* to allow their players to attend their necessary primary practices and games.

## **5. Teams**

- a) Players shall be selected for Extra™ teams based on the player skill evaluations conducted at tryouts (if tryouts are necessary).
- b) If more than one Extra™ team is formed in a given division, players shall be distributed evenly among each team based on skill evaluation scores obtained during tryouts.
- c) Roster sizes shall be limited as follows (which includes reserve players):
  - i. U10(8v8 w/ 14 max match roster): 10-18 players
  - ii. U12+(11v11 w/ 18 max match roster): 14-22 players
- d) Extra™ teams shall purchase unique uniforms for use during matches and tournaments.
  - i. Costs associated with the Extra™ Program are to be funded exclusively by it's participants.
  - ii. Uniforms must display the AYSO logo and comply with all AYSO uniform requirements.

- iii. Each jersey must display a unique player number. Numbers may not be repeated.
  - iv. Uniforms may not display the name of the player or team.
  - v. To prevent tournament disqualifications resulting from team color conflicts, Extra™ teams shall obtain and use home and away jerseys or pennies in a contrasting color.
- e) Upon request, interested players shall be provided with a list of suggested areas of improvement for them to focus on to enhance their team play.

## **6. Tryouts**

- a) All Extra™ players must attend and complete tryouts (when necessary), which includes a player skill evaluation.
- b) Tryouts shall be publicly advertised to all Region 870 members with a minimum of two-weeks notice. Tryouts shall be open to all players registered for the Region 870 Primary Program and who are eligible for the divisions in which Extra™ teams are being formed.
- c) Tryouts shall be conducted by qualified, neutral AYSO volunteers and at least one Regional board member who is not an Extra™ coach. These persons shall constitute the Extra™ player selection panel. Extra™ Coaches may be present in an advisory capacity and to help facilitate drills. The panel shall consist of no fewer than three people, at least one of whom is a board member.
- d) Tryouts shall begin with a parent meeting which clearly explains the purpose and scope of the Extra™ program, as well as player and parent expectations for Primary and Extra™ program participation and expenses.
- e) The skill evaluation shall include activities which measure each player's individual and team performance. Ratings criteria shall be based on measurable observations as well as performance evaluations made by experienced coaches.
- f) Players shall be selected by the Tryout panel. Selections shall be made based solely on the findings of the skill evaluations.
  - i. Players shall be informed of their results within one week of tryouts.
  - ii. Non-selected players may be offered the opportunity to participate as reserve players. Each team's reserve player depth should be determined by the respective team's coaches, and reserve players should be added to roster based on their skill evaluation scores.

- iii. Selected players who do not wish to immediately commit to the Extra™ team due to financial or scheduling concerns may opt to participate as reserve players.
- iv. The Tryout panel shall immediately submit its selection findings to the Region 870 board for use in Primary Program team formation. The board will make every effort to evenly distribute Extra™ players among Primary program teams to ensure team balance.

## **7. Expenses**

The Extra™ program shall be financially self-sustaining. Participants will pay for all costs related to Extra™ play, including uniforms, travel, tournament fees, and league fees. Extra™ participants shall comply with all AYSO accounting and reporting requirements.

To defray program costs, Extra™ teams and participants may conduct fundraising activities at the discretion of the Regional Commissioner.